

2026 Ousman Ceesay Report, June and July

3th June, Amie Nyang

Lantus: 10U (9pm); She was switch from mix insulin to the ICT and the mum lacks a bit education but she's in a good way to learn and know the mealtime and basal insulin.

The mum is trying hard to learn and know what to do if the level is high and low.

On a good way to manage and control

7 days - (n20) Avg: 14.6

14 days - (n41) Avg: 15.5

30 days - (n66) Avg: 15.7

90 days - (n90) Avg: 15.8



7th June, Hamza Marena

The mum still lacks education and we don't know if she's ready to learn and we are trying to get her understand both insulins and how they work.

Novomix: 15U (morning) 5U (evening)

7 days - (n6) Avg: 17.9

14 days - (n6) Avg: 17.9

30 days - (n6) Avg: 17.9

90 days - (n6) Avg: 17.9



7th June, Karamo Bojang

Toujeo: 20U

Not testing his sugar levels, not limiting his sugar and salt intake, not taking care of himself as he's having late complications but still not ready. He still doesn't understand how to inject correction and food intake which is why his sugar levels are mostly high.

7 days - (n1) Avg: 7.4

14 days - (n1) Avg: 7.4

30 days - (n5) Avg: 12.7

90 days - (n48) Avg: 11.7



7th June, Kalifa Bojang

Toujeo: 8U

He stays for a month without testing his sugar levels but still injects insulin and its risk. He is not a good example for his newly diagnosed brother and he is not helping at all

7 days - (n1) Avg: 25.0

14 days - (n1) Avg: 25.0

30 days - (n2) Avg: 16.0

90 days - (n28) Avg: 16.9

7th June, Assan Bojang

Toujeo: 10U

He doesn't test at all and his sugar levels are always high and he doesn't understand how to make corrections and how to inject for food.

His brothers are influencing him to not manage and control.

7 days - (n9) Avg: 17.3

14 days - (n9) Avg: 17.3

30 days - (n18) Avg: 14.7

90 days - (n69) Avg: 10.7

7th June, Isatou Ceesay

She needs to adjust a bit and be ready to learn as she's not doing the right thing. We want to help with education but she's not ready to communicate with us and ask questions for help.

If the mum and sister know a lot about diabetes then they can support her and give her attention.

Toujeo: 30U (9pm)

7 days - (n6) Avg: 12.7

14 days - (n10) Avg: 13.3

30 days - (n28) Avg: 13.9

90 days - (n230) Avg: 17.1



14th June, Suleyman Sowe

The family needs to adjust a bit on the education side as his levels are sometimes very high. Also they must practice hygiene to keep the insulin and diabetes materials clean.

The mum is injecting and understanding little by little.

Toujeo - 5U (10pm)

7 days - (n26) Avg: 9.8

14 days - (n54) Avg: 9.2

30 days - (n117) Avg: 9.7

90 days - (n342) Avg: 12.1



28th June, Oumie Jallow

Levemir — 10U (8pm)

She traveled to Guinea and her test strips run out. She needs to adjust her testing routine and take good care of herself to take the HBA1c from 11.0 to a lower level. The family is trying to keep an eye on her but he also need education so it will be easy on him.

7 days - (n19) Avg: 8.3

14 days - (n36) Avg: 8.8

30 days - (n59) Avg: 11.0

90 days - (n223) Avg: 12.5

28th June, Sait Dem

Levemir — 15U (8pm)

Sait is not really moving smoothly with his diabetes as he is not serious in injecting insulin and testing his levels. He didn't inject for 3 days and didn't also test for 3 day

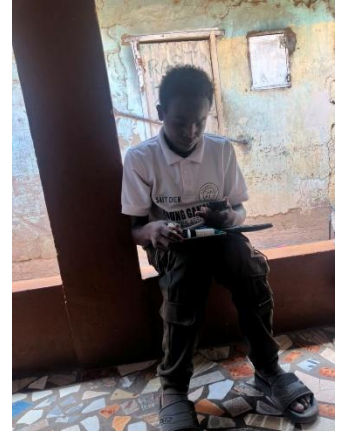
He test his sugar level and have 9.2 mmol/L

7 days - (n4) Avg: 9.7

14 days - (n6) Avg: 11.6

30 days -(n15) Avg: 13.5

90 days - (n135) Avg: 9.7



15th July, Amadou Secka

Toujeo: 14U (9pm)

He explained that he injects the Actrapid twice a day 18 and 14 units and later at night injects 14 units of Toujeo.

Now he is injecting the Novomix 14 units in the morning and 12 units in the evening and later on inject the Toujeo at night before bed.

7 days - (n1) Avg: 2.5

14 days - (n40) Avg: 7.0

30 days - (n144) Avg: 5.3

90 days - (n144) Avg: 5.3

Now I told him to inject 14 units of Toujeo everyday by 9:00pm



12th July, Yassin Bah

Lantus: 22U (9pm)

She is still learning and trying to understand her insulin and how it works. Her main problem is the food intake and she doesn't inject enough for the food.

7 days - (n10) Avg: 14.3

14 days - (n25) Avg: 14.5

30 days - (n57) Avg: 14.9

90 days - (n177) Avg: 14.0



19th July, Amie Nyang (small)

Lantus: 16U (9pm)

The family lack diabetes education and eventually they are catching up and doing good with her levels lately

The mum keep calling anytime she needs help and guidance.

7 days - (n24) Avg: 11.1

14 days - (n39) Avg: 10.0

30 days - (n92) Avg: 10.0

90 days - (n251) Avg: 12.9



19th July, Satang Jaiteh

Toujeo: 20U (9pm)

Satang is still not managing her level and no progress at all

She is injecting without measuring her sugar level, no proper injections, injecting too much insulin.

7 days - (n2) Avg: 13.5

14 days - (n6) Avg: 11.6

30 days - (n6) Avg: 11.6

90 days - (n14) Avg: 13.5



26th July, Fatou Janha

Semglee: 17U (8pm)

Injects food without correction, not testing her sugar levels and needs more education on her diabetes.

7 days - (n10) Avg: 10.8

14 days - (n25) Avg: 11.0

30 days - (n60) Avg: 10.9

90 days - (n144) Avg: 10.9



26th July, Mariama Kambye

Novomix:

Morning 25U

Evening 20U instead she's injecting Morning 24U

Evening 12U (we changed it)

No machine to test her sugar levels

Went there in February when she was released from hospital.

They don't buy insulin and Giggy supply her with insulin

Nancy laced them to us and our numbers given to help them with a machine and diabetes education.

Reason for visit: we wanted to know exactly how she got our number and how she got the insulin without being part of the project.

