

## **MARCH & APRIL 2021 REPORT**

### **Isatou Jallow & Ousman Ceesay**

March and April was a busy month for both Isatou Jallow and Ousman Ceesay and you know that, we couldn't visit any family because of our school and occupied schedules the last two (2) months.

We make calls, text messages and communicate on WhatsApp just as we did the last months. But this time we want to concentrate on the kids and fast learners, as the only problem we have been, going through which is testing problem and insulin intake.

Binta Sillah, Kumba Bah, Mariama Badjie, Musa Conteh, Ebrima Jallow, Ousman Jallow, Muhammed Jaiteh, Fatoumata Darboe, Oumou Jallow, Salieu Jammeh, Adama Lowe, Oumou Jallow, Fatoumata Singhateh, Mariama Bojang, Fatou Janha, Salieu Jammeh.

### **HBA1c April 2021**

HBA1c was conducted on the 9th and 10th of April in the Gudrun Medical Lab, where diabetics attended at the Gudrun Medical Lab to have their HBA1c. We saw the results with some improved levels, some in stand-by leveles and high levels >14%.



New members that were added in the family recently attended to have their first HBA1c and were offered new testing machines and they were taught how to test and use the testing machines.



Other diabetics were given test strips as some were running out of test strips due to reasons like a far location etc. while other were left with some pieces of test strips.



### **Musa Conteh**

20/4/2021: Musa visited me, Ousman, on the 20<sup>th</sup> of April, as he exposed his test strips as he know nothing about it and needed more education about the test strips, insulin intake and how to control the insulin alongside the insulin calculation. He uses Novorapid for his meals and Abasaglar for his basal insulins, he also uses syringes.



Thank you.